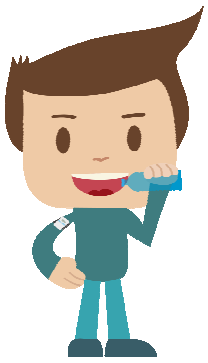
KÖHYD
Win Optimal Body Hydration



User's Manual

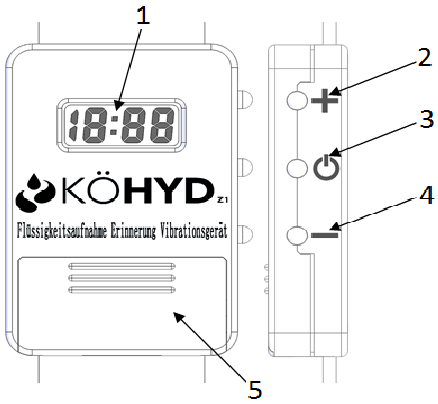
Thank you for your decision to purchase our unique KÖHYD products. We shall be pleased to assist you at anytime. For any questions or comments, please contact us on the address below:

Paldeal Europe e.K.
Viktoriastr. 41
D-44787 Bochum
Germany
Hotline : 0234 516 6781
email: info@koehyd.de
www.koehyd.de.

KÖHYD products are here to help you replenish your body by keeping it well hydrated through building the healthy habit of consuming more liquids in order to improve health. This can leave a huge positive impact on your lifestyle, as well as your body and your body organs which will be regularly maintained and protected.

Please read this manual carefully before using our devices, and keep it in a safe place for future information.

KÖHYD z1 vibration alarm



1. LCD display
2. + Increase
3. Power On/Off/Enter
4. - Decrease
5. Battery cover

After turning on, this vibration alarm device is programmed to vibrate for 1 second to confirm its functioning, and then once every 90 minutes. No matter which button is pressed, the program will not be affected (except during the once alarm setting). It should be mounted on the upper arm using the adjustable strap.

Before use

Insert the batteries with correct polarity into the battery housing.

After us

Remove the batteries from the battery housing.

Power on / off

Press the power/on/off/enter button 3 seconds to power on/off the device.

After pressing power on, the device will vibrate once for confirming the function, and afterwards start vibrating every 90 minutes.

Once alarm timer setting

KÖHYD z1 is also programmed to change and interrupt the 90 minutes vibration alarm , by setting a once different alarm vibrating time. Recommended for taking medicine or as a wakeup call.

1. Press power on. The device will vibrate once for confirming its functioning.

2. Press once at the same time the +/- button to interrupt timer down count and the LCD player starts flashing.
3. Press the + increase / - decrease button to set the desired time, followed by enter to confirm the setting.

Product function

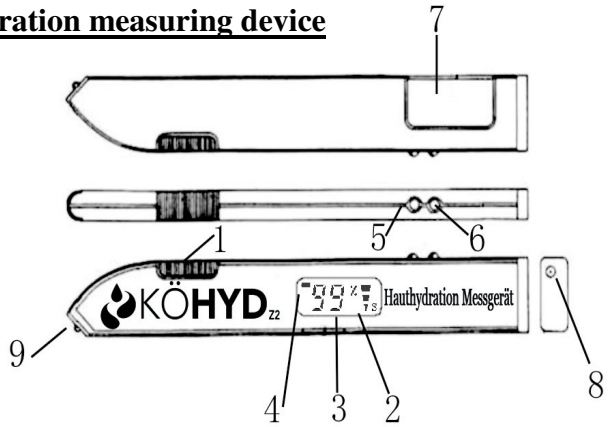
- The maximum alarm setting duration is 19 hours and 59 minutes.
- The device will vibrate once after the countdown reaches 00:00.
- After the vibration, the device will reset itself back to its 90 minutes vibration setting.

Product specifications

- Power supply: DC 12V (Alkaline Battery)
- Power consumption: 0.15W
- Environment temperature：5～40℃
- Environment Humidity：35%～80%
- Weight：37 grams
- Dimension：53(L) × 35(W) × 12(H)mm

KÖHYD z2 skin hydration measuring device

1. Power on/off
2. 3 levels sensitivity display
3. Skin hydration level percentage
4. Low Battery indicator
5. Power indicator
6. Hydration search indicator
7. Battery cover
8. DC Socket (Optional)
9. Sensor



Instructions of use

The skin has a moisture content of approx. 80 percent and reflects the fluid content of the body. The KÖHYD z2 - skin hydration gauge measures the water content in the skin by means of placing the sensor on the centre of the cleaned palm of the hand. (1)Here is the ideal spot to measure the water content of the body. The measuring result is thus pure and accurate. Guide the sensor over the skin and ensure the acoustic information. After 12 seconds, the water content value in the skin will be shown on the display in percent. The water content of the skin reflects the fluid balance of the body. Thus, you can draw conclusions about whether your body is supplied with enough liquid. In the case of a repeated stronger sweat, it is recommend not to use this instrument. Regular monitoring of your skin hydration will help you to control and adapt your fluid content in the body. With its easy operation the KÖHYD z2 can be easily transported anywhere.

Before use

1. Insert the batteries with correct polarity into the battery housing.
2. Press Power on/off 3 seconds to power on this device.
3. Click once the Power on/off for sensitivity level setting.
4. Press Power on/off 3 seconds for power off this device.

After use

1. Remove the batteries from the battery housing.
2. Clean the sensor's head with a wet cloth.
3. The sensor's head is very delicate, we advise to keep it safe from any damage, in order to maintain its high precision.

Controls

1. Press Power on/off button 3 seconds to turn the power on. Press the same button 3 seconds to turn power off.
2. Skin hydration level display: This LCD display will show the hydration level percentage reading from 01% ～99% while looking for the optimal hydration point. At the time the buzzer is sounding it will lead you to your highest hydration level.

3. Sensitivity setting: By each click of button 1, the sensitivity will change between 3 levels. The highest sensitivity level is Ⅲ(recommended) and lowest sensitivity level is Ⅰ.
4. Low battery display: When the low battery symbol flashes, it is time to change the batteries.
5. Auto Power off: This device will auto power off after 2 minutes, when the device is not in operation.

Product specifications

- Power supply: DC 3V (2 x LR44 Batteries)
- Power consumption: 0.25W
- Environment temperature：5～40℃
- Environment Humidity：35%～80%
- Weight：31grams
- Dimension：140(L) × 25(W) × 10(H)mm

IMPORTANT!

When your product does not work...
1-Turn off the device and wait 10 seconds before turning it on again.
2-Check the batteries' poles inserted into the device.

When the device still does not work, please contact us!.

Warranty

Duration of warranty:
In the EU, it is prescribed that the duration of warranty of electrical devices lasts 24 months from the date of purchase. That is the max. duration limit that we are offering.We always solve the problems during the warranty duration, quick and with pleasure. Please send us back, on our cost, the malfunctioning device within 30 days. After that, you have 2 years time to reclaim your product. We advise you to contact us first, this will help to work out the reclamation within the warranty duration, in order to fix the product or to exchange it with a new one within a short time.

Disposal of old electrical devices and used batteries

The disposal of used electric, electronic products and batteries is not supposed to be with the normal household waste. Please only dispose them in special places that collect, treat and recycle this special waste by following the regulations, 2002/96/EG and 2006/66/EG, in your city.

By doing so, you help protecting the human health, the nature and avoid any negative impact on the valuable natural resources, that can result from incorrect waste treatment.

We provide 2 year warranty for material and workmanship of the product. This warranty does not apply:

1- In the case of damage caused by improper use.
2- For expendables.
3- In the case of defects, which were known at the time of purchase the customer.
4- At the fault of the customer.

The statutory warranties by the warranty of the customers remain unaffected. For assertion of a warranty case within the warranty period the proof of purchase is needed by the customer. The guarantee claim is to be sent within a period of 2 years from the date of purchase to Paldeal e.K. , Viktoriastr. Europe 41. 44787 Bochum, Germany. The customer has the right to repair in the event of a warranty claim in respect of our own or in the product of our authorized workshops. Further rights are not granted to the customer under the terms of the warranty.

„Source: (1) iop Sience-iopsience.iop.org“

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KÖHYD
Body hydration pass

Name :

Period **From:**
to:

Day	Time	% Read
1		
2		
3		
4		
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Reading result:

Above 50%: Good
Under 40%: Dehydrated
Under 30%: Bad

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